

Senior School Co-Curricular Activities

At St Chris, an important part of the school day is the opportunity for students to pursue their interests, and acquire new ones via a plethora of co-curricular and enrichment opportunities.



Clubs and Activities

There are a wide range of clubs and activities that take place each week in the Senior School at lunchtime and after school.

Students are sent a list of clubs that they can take part in at the start of each term. Below is a selection of the recent clubs that have run.

A list of current clubs are sent to students at the start of term. Where booking is needed, this is done via our 'Evolve' booking system which can be found via My School Portal. You will be sent further information about setting up an account for Evolve at the start of the school year.

Examples of recent clubs

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|---------------------|----------------|
| ■ 3D Design (SHED) | ■ Improv Club |
| ■ Animal Care | ■ Lego Masters |
| ■ Art Club | ■ Netball |
| ■ Athletics | ■ Orchestra |
| ■ Basketball | ■ Pottery |
| ■ Cricket | ■ Robotics |
| ■ Duke of Edinburgh | ■ Rounders |
| ■ Football | ■ Swim Squad |
| ■ Gardening Club | ■ Yoga |
| ■ Homework Club | |



Performing Arts Tuition

We offer LAMDA (London Academy of Music & Dramatic Art) lessons which are scheduled during the school day. If you would like to know more, or wish to book LAMDA lessons, please visit **the School website here**.



Music Tuition

Instrumental and Vocal Lessons

There are a wide variety of instrumental and vocal music lessons available at St Chris run by a range of visiting music teachers, under the guidance of Director of Senior School Music, Ann-Marie Knight.

Visit our website [here](#) to find out more about which instruments are taught and to download the booking form.

Options

The Options programme at St Chris is an integral part of the curriculum which takes place for an hour each Thursday afternoon for all students in Years 7 to 12 (I Group to Lower Sixth).

The aim of Options is to give students an opportunity to expand their horizons, learn and develop new skills and to discover new opportunities.

Students can select from a broad range of topics – creative, physical, community/social awareness and academic. Options run in blocks and students get to choose a new option each half term.

Late Summer Programme (LSP) and Other Trips

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Late Summer Programme (LSP)

All students from Year 7 to Year 10 (I Group to IV Group) take part in the St Chris Late Summer Programme (LSP) in the last week of the Summer Term. The week is an opportunity for challenge, adventure, learning outside the classroom and engaging in new and exciting experiences.

Students in Years 7, 8 and 9 take part in a trip with their year group, usually to an outward-bound themed residential to take part in activities that help bond the students together, as well as it being an opportunity to get to know staff better. In 2024, the LSP trips are to:

- Year 7 (I Group) trip to Le Vosges and Metz (France)
- Year 8 (II Group) trip to Yorkshire
- Year 9 (III Group) trip to Morzine

For students in Years 7 to 9, the cost for LSP is divided into three equal payments and charged for at the beginning of each term in the main fees invoice.

Year 10 (IV Group) LSP

Students in Year 10 (IV Group) also take part in activities during LSP week and can select from a series of residentials and work experience.

- **World Challenge Malaysia**
An adventurous trip to Malaysia where students immerse themselves in the local culture, undertake challenging treks and work with a wildlife organisation that rescue sea turtles.
- **Work Experience (WEX)**
A work experience programme coordinated by St Chris staff.
- **New York Trip**
Five days in the Big Apple with excursions including RiseNY, an immersive experience; Staten Island ferry trip; visit to the 9/11 Memorial; workshop at the New York Film Academy; visit to the International Centre of Photography, visit to the Empire State Building.

... Year 10 (IV Group) LSP continued

- **Loughborough Elite Sport**
Students follow a programme of workshops and practical sessions at the Loughborough Elite Athletes Centre ranging from body conditioning, speed lab, 5* gym sessions, use of the Olympic swimming pool, football and netball with a professional coach, athletics sessions on the professional track, beach volleyball, wheelchair basketball and lots more.
- **Wild Swimming Experience**
A week of wild swimming off the British coast with the Head
- **Brussels Space and Science trip**
Students travel by train to Brussels and stay in a hostel in the city centre. Excursions include a visit to the planetarium, a full day 'astronaut experience' at the Euro Space Centre, a visit to the museum of Natural Sciences and a visit to the Atomium, as well as opportunities to explore the beautiful city of Brussels.

For students in Year 10, the LSP cost varies depending on the trip chosen, and will be communicated to parents in the Autumn Term.

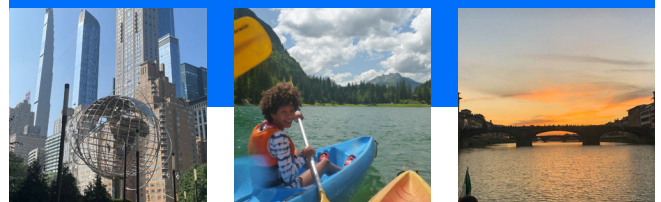
Other Trips

There are a range of trips throughout the academic year, including compulsory curriculum day trips (for example to an art gallery, design lecture or theatre trip), but also optional "extra" trips, some of which take place each year and some of which alternate annually.

Trips may be offered to the whole school or to specific year groups. Recent trips have included visits to Iceland and Borneo, and also sporting trips for football, netball, swimming, kayaking, skiing, climbing and tennis.

Parents will receive letters from the subject teacher regarding curriculum trips (including the cost which is added to the next invoice), and from the school regarding optional trips.

If you have any questions about co-curricular activities, please contact Emma Roskilly, Assistant Head (Co-Curricular): emma.roskilly@stchris.co.uk.



ST. CHRISTOPHER SCHOOL
LETCWORTH GARDEN CITY