



stChris Health

St Chris has a School Nurse. It is important that the School Nurse has updated medical information for every student; please ensure that any changes are communicated directly to them as soon as possible by emailing nurse@stchris.co.uk.

Accident Forms

If a student has an accident at school which has been dealt with by a member of staff, you will receive a 'Medical Tracker' email notification.

If it has been necessary to call the School Nurse, they will complete a Health & Safety Incident & Accident Form and pass it to the Chief Operations Officer, and parents receive a copy. Additionally, if the School Nurse needs to administer non-prescription medication, we will call you to seek your permission.

Prescribed Medicine

The Surgery has a stock of over the counter remedies that can be administered as required. Parents/guardians give consent for the administration of over the counter remedies as part of the confidential medical questionnaires completed on admission. If parents/guardians refuse consent, this is clearly documented on the Surgery records. Pupils are NOT permitted to have their own supply of over the counter remedies and must NEVER issue their own medication to others.

If a pupil requires a prescribed medication in School hours an 'Administration of Medication to Pupils: Parental Request Form' must be filled out. This can be obtained by emailing the Surgery at nurse@stchris.co.uk. The onus is on the pupil to present themselves to the Surgery so medication can be administered. Pupils may be deemed competent to manage their own medication in School but the School Nurse must first speak with the pupil and parent/guardian to complete necessary paperwork.

Although staff may periodically check that the pupil's own medication has an appropriate expiry date, parents/guardians do bear ultimate responsibility for ensuring the medication is in School and in date.

The Surgery

At St Chris we have a dedicated Surgery staffed by the School Nurse and Medical Administrator. The Surgery includes treatment rooms and 'sick bays' with beds. The Surgery is staffed from Monday to Friday 08:00-16:30.

The Surgery team take an active part in health education and promotion within the School as well as providing first aid for minor injuries and care for childhood illnesses, they also ensure pupils who have a temporary or long-term condition have their medical and support needs met through care planning and staff training.

Illness at School

In the Senior School, if a pupil is unwell or has an accident within the School day they are referred to the Surgery to be assessed. If the Surgery deems necessary they will contact the parents/guardians to inform or discuss the visit further. This may be via phone call or 'Medical Tracker' email notification. All pupils who are seen at the surgery will have the visit recorded confidentially.

If an injury is sustained, dependent on the severity and type a Health & Safety Accident Investigation may be requested. Accident types, area and location are regularly analysed for trends by the School Nurse and Chief Operations Officer.

If your child has suffered from vomiting or diarrhoea, please do not let them return to School until they have been clear of the symptoms for 48 hours. If your child is diagnosed with an infectious disease, please inform the School Nurse so she can alert any vulnerable members of the St Chris community.



ST. CHRISTOPHER SCHOOL
LETCWORTH GARDEN CITY

Asthma and Anaphylaxis

Pupils in the Senior School are responsible for keeping their own Adrenaline Auto Injector's (AAI) and Inhalers. All pupils who have an AAI or Asthma diagnosis will need a care plan. This will be emailed out by the School Nurse and will need reviewing yearly. The School have a supply of 'back-up' AAI's and Inhalers located across the School site. All pupils with Inhalers/AAI's must take them to events/trips that are off site.

Counselling

St Chris also offers a counselling service for students, with appointments that can be scheduled during the school day. If you would like to discuss this, please get in touch with the School Nurse: nurse@stchris.co.uk



Staff are trained as appropriate in the health conditions of pupils (e.g. asthma, anaphylaxis, diabetes, epilepsy) and the administration of medicines.