



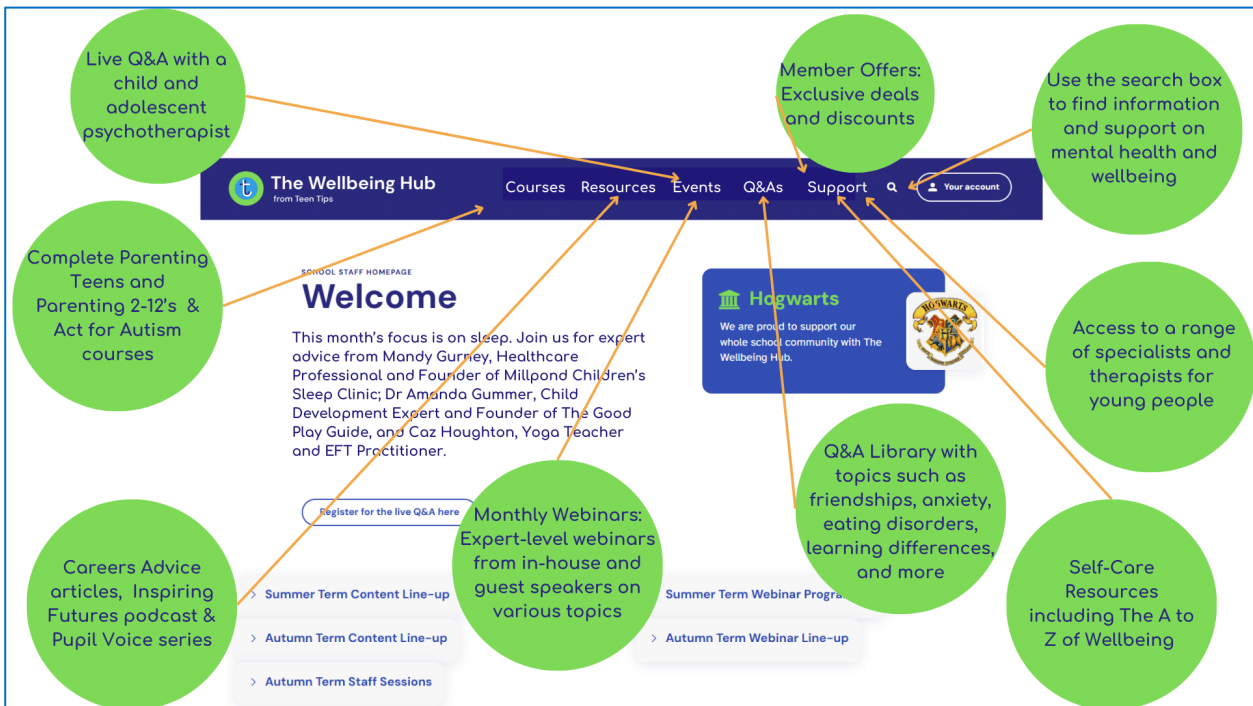
Friday 13<sup>th</sup> September 2024

Dear Parents and Guardians,

## The Wellbeing Hub

At St Chris, fostering an environment that supports student mental health and wellbeing is a top priority. To help achieve this, we have invested in The Wellbeing Hub, a resource developed by experts in child and adolescent mental health and wellbeing. We are pleased to offer all parents and guardians free access to this valuable resource.

**As a member of The Wellbeing Hub, you will benefit from:**



You can view a guided video tour of The Wellbeing Hub for Parents [HERE](#), and support for downloading the web app to your desktop or phone home screen can be found [HERE](#).

## Accessing The Wellbeing Hub

You can register by clicking this registration link –

<https://club.teentips.co.uk/register/parents/?ca=1ca74a979a95b0b09ab59eff12cd2afc>

During registration, you'll be prompted to set a password and will receive a welcome email with full details. For any specific queries about access, please contact the team at

[info@teentips.co.uk](mailto:info@teentips.co.uk).



All staff and students aged 10+ will also have access to the platform and we will explain how to do this to students over the next few weeks. Parents are encouraged to guide your young people towards resources they may find helpful.

We are excited to offer this enhanced level of pastoral support and hope you find The Wellbeing Hub valuable for you and your family.

With very best wishes for the academic year ahead,

Lizzie Hedderson

**Assistant Head (Pupil Development and Wellbeing)**